



**Level 1 Gospel Counselor Curriculum & Skills Training**  
**Training Sessions:** 4th Wednesdays 5:30 to 6:00pm dinner  
 6:00 to 7:30pm training  
 7:30 to 8:30pm coaches training

	July 2010				August 2010				September 2010			
	7	14	21	28	4	11	18	25	1	8	15	22
<b>July 2010 Group</b>	Gospel Living (1-5)			Review	Gospel Living (6-9)			Review	Gospel Relationships (1-5)			Review
<b>Sojourn Counseling</b>	Sojourn Counseling Vision Paper				Cross Chart+Heart & Relational Dynamics				Counseling Diagrams			
<b>Counseling Skills</b>	Understanding: Listening to the Heart				Understanding: Drawing out the Heart				Proclaiming the Gospel in Love			

	October 2010				November 2010				December 2010			
	6	13	20	27	3	10	17	1-Dec	8	15	22	5-Jan
<b>July 2010 Group</b>	Gospel Relationships (6-9)			Review	Gospel Change (1-5)			Review	Gospel Change (6-9)			Review
<b>Sojourn Counseling</b>	Gospel Intimacy & Anger Table				Gospel Identity & Fear Table				Gospel Imitation & Escapism Table			
<b>Counseling Skills</b>	Fishbowl--Anger				Fishbowl--Fear				Fishbowl--Escapism			

By the 6-month mark, the trainees have a baseline knowledge and are ready to be prepared for counseling. The Skills Immersion Weekend provides an overview to the various aspects of counseling.

<b>Counseling Skills Immersion Weekend</b>	<b>Character &amp; Initial Skills</b>	<b>Counseling Session Dynamics</b>	<b>Other Considerations</b>
	Preparing for the Counseling Sessions	Gospel Exploration	Suicide Threat & Psychotropic Drugs
	Note Taking & Family of Origin	The Need to Understand the Past	Care in Community & Referrals
	Observation Guidelines	Gospel Next Steps--Address & Assign	Counseling Supervision
	Painting a Redemptive Vision & Follow-up		

**14-15 Jan Skills**

	January 2011				February 2011				March 2011			
	5	12	19	26	2	9	16	23	2	9	16	23
<b>July 2010 Group</b>	Intro Exp & BT (1-5)			Review	Intro Exp & BT (6-9)			Review	Real God Real World (1-5)			Review
<b>Sojourn Counseling</b>	Gospel Love				Gospel Forgiveness				Gospel Reconciliation			
<b>Counseling Skills</b>	Case Study to Practice Skills				Case Study to Practice Skills				Case Study to Practice Skills			

	April 2011				May 2011				June 2011			
	6	13	20	27	4	11	18	25	1	8	15	22
<b>July 2010 Group</b>	Real God Real World (6-9)			Review	Story of God			Review	Story of God			Review
<b>Sojourn Counseling</b>	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
<b>Counseling Skills</b>	Depression				Sexual Struggles				Addictions			

	July 2011				August 2011				Sep 2011			
	6	13	20	27	3	10	17	24	7	14	21	28
<b>July 2010 Group</b>	Living the Cross & Resurrection (1-5)			Review	Living the Cross & Resurrection (6-9)			Review	Pastoral Care 1 (1-5)			Review
<b>Sojourn Counseling</b>	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
<b>Counseling Skills</b>	Depression				Sexual Struggles				Addictions			

	October 2011				November 2011				December 2011			
	5	12	19	26	2	9	16	30	7	14	21	4-Jan
<b>July 2010 Group</b>	Pastoral Care 1 (6-9)			Review	Pastoral Care 2 (1-5)			Review	Pastoral Care 2 (6-9)			Review
<b>Sojourn Counseling</b>	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
<b>Counseling Skills</b>	PMC Case				Marriage Case				Benevolence / Mercy Case			