



Level 1 Gospel Counselor Curriculum & Skills Training
Training Sessions: 4th Wednesdays 5:30 to 6:00pm dinner
 6:00 to 7:30pm training
 7:30 to 8:30pm coaches training

	July 2010				August 2010				September 2010			
Dates	7	14	21	28	4	11	18	25	1	8	15	22
July 2010 Group	Gospel Living (1-5)			Review	Gospel Living (6-9)			Review	Gospel Relationships (1-5)			Review
Sojourn Counseling	Sojourn Counseling Vision Paper				Cross Chart+Heart & Relational Dynamics				Counseling Diagrams			
Counseling Skills	Understanding: Listening to the Heart				Understanding: Drawing out the Heart				Proclaiming the Gospel in Love			

	October 2010				November 2010				December 2010			
Dates	6	13	20	27	3	10	17	1-Dec	8	15	22	5-Jan
July 2010 Group	Gospel Relationships (6-9)			Review	Gospel Change (1-5)			Review	Gospel Change (6-9)			Review
Sojourn Counseling	Gospel Intimacy & Anger Table				Gospel Identity & Fear Table				Gospel Imitation & Escapism Table			
Counseling Skills	Fishbowl--Anger				Fishbowl--Fear				Fishbowl--Escapism			

By the 6-month mark, the trainees have a baseline knowledge and are ready to be prepared for counseling. The Skills Immersion Weekend provides an overview to the various aspects of counseling.

Counseling Skills Immersion Weekend	Character & Initial Skills	Counseling Session Dynamics	Other Considerations
	Preparing for the Counseling Sessions	Gospel Exploration	Suicide Threat & Psychotropic Drugs
	Note Taking & Family of Origin	The Need to Understand the Past	Care in Community & Referrals
	Observation Guidelines	Gospel Next Steps--Address & Assign	Counseling Supervision
		Painting a Redemptive Vision & Follow-up	

14-15 Jan Skills

	January 2011				February 2011				March 2011			
Dates	5	12	19	26	2	9	16	23	2	9	16	23
July 2010 Group	Intro Exp & BT (1-5)			Review	Intro Exp & BT (6-9)			Review	Real God Real World (1-5)			Review
Sojourn Counseling	Gospel Love				Gospel Forgiveness				Gospel Reconciliation			
Counseling Skills	Case Study to Practice Skills				Case Study to Practice Skills				Case Study to Practice Skills			

	April 2011				May 2011				June 2011			
Dates	6	13	20	27	4	11	18	25	1	8	15	22
July 2010 Group	Real God Real World (6-9)			Review	Story of God			Review	Story of God			Review
Sojourn Counseling	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
Counseling Skills	Depression				Sexual Struggles				Addictions			

	July 2011				August 2011				Sep 2011			
Dates	6	13	20	27	3	10	17	24	7	14	21	28
July 2010 Group	Living the Cross & Resurrection (1-5)			Review	Living the Cross & Resurrection (6-9)			Review	Pastoral Care 1 (1-5)			Review
Sojourn Counseling	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
Counseling Skills	Depression				Sexual Struggles				Addictions			

	October 2011				November 2011				December 2011			
Dates	5	12	19	26	2	9	16	30	7	14	21	4-Jan
July 2010 Group	Pastoral Care 1 (6-9)			Review	Pastoral Care 2 (1-5)			Review	Pastoral Care 2 (6-9)			Review
Sojourn Counseling	Articles & Counseling Guidelines				Articles & Counseling Guidelines				Articles & Counseling Guidelines			
Counseling Skills	PMC Case				Marriage Case				Benevolence / Mercy Case			